

**2011 US Open Martial Arts Championship**  
**Divisions Form / [www.usopenmartialarts.com](http://www.usopenmartialarts.com)**

**Please mail this form along with the registration form.**

(Please check the boxes next to the age group, level, open hand/weapons, and/or weigh under the events you are competing.)  
 (Beginner = 1.5 years & less experience; Intermediate = 1.5 to 3 years experience; Advanced = Greater than 3 years experience)

**LS) Long Fist Style (Wushu, Cha Quan, Hua Quan, Pao Quan, Hong Quan, Shaolin, & Other)**

<u>Youth Divisions</u>	<u>Adult Divisions</u>	<u>Level</u>	<u>Open Hand / Weapons</u>
<input type="checkbox"/> Children 8 & under	<input type="checkbox"/> Men's 18-35	<input type="checkbox"/> Beginner Level	<input type="checkbox"/> Open Hand
<input type="checkbox"/> Children 9-11	<input type="checkbox"/> Men's 36 & over	<input type="checkbox"/> Intermediate Level	<input type="checkbox"/> Long Weapon
<input type="checkbox"/> Teen 12-14   _Boy _Girl	<input type="checkbox"/> Women's 18-35	<input type="checkbox"/> Advance Level	<input type="checkbox"/> Short Weapon
<input type="checkbox"/> Teen 15-17   _Boy _Girl	<input type="checkbox"/> Women's 36 & over		

**NS) Northern Style (Mian Quan, Tong Bei, Praying Mantis, Fanzi Quan, Baji Quan, & Other)**

<u>Youth Divisions</u>	<u>Adult Divisions</u>	<u>Level</u>	<u>Open Hand / Weapons</u>
<input type="checkbox"/> Children 8 & under	<input type="checkbox"/> Men's 18-35	<input type="checkbox"/> Beginner Level	<input type="checkbox"/> Open Hand
<input type="checkbox"/> Children 9-11	<input type="checkbox"/> Men's 36 & over	<input type="checkbox"/> Intermediate Level	<input type="checkbox"/> Long Weapon
<input type="checkbox"/> Teen 12-14   _Boy _Girl	<input type="checkbox"/> Women's 18-35	<input type="checkbox"/> Advance Level	<input type="checkbox"/> Short Weapon
<input type="checkbox"/> Teen 15-17   _Boy _Girl	<input type="checkbox"/> Women's 36 & over		

**SS) Southern Style (Wing Chun, Hung Ga, Lau Ga, Choy Li Fut, & Other)**

<u>Youth Divisions</u>	<u>Adult Divisions</u>	<u>Level</u>	<u>Open Hand / Weapons</u>
<input type="checkbox"/> Children 8 & under	<input type="checkbox"/> Men's 18-35	<input type="checkbox"/> Beginner Level	<input type="checkbox"/> Open Hand
<input type="checkbox"/> Children 9-11	<input type="checkbox"/> Men's 36 & over	<input type="checkbox"/> Intermediate Level	<input type="checkbox"/> Long Weapon
<input type="checkbox"/> Teen 12-14   _Boy _Girl	<input type="checkbox"/> Women's 18-35	<input type="checkbox"/> Advance Level	<input type="checkbox"/> Short Weapon
<input type="checkbox"/> Teen 15-17   _Boy _Girl	<input type="checkbox"/> Women's 36 & over		

**IS) Internal Style (Taichi Quan, Bagua Zhang, Xingyi Quan, & Other)**

<input type="checkbox"/> Taichi Quan <input type="checkbox"/> Bagua Zhang <input type="checkbox"/> Xingyi Quan <input type="checkbox"/> Other			
<u>Youth Divisions</u>	<u>Adult Divisions</u>	<u>Level</u>	<u>Open Hand / Weapons</u>
<input type="checkbox"/> Children 8 & under	<input type="checkbox"/> Men's 18-35	<input type="checkbox"/> Beginner Level	<input type="checkbox"/> Open Hand
<input type="checkbox"/> Children 9-11	<input type="checkbox"/> Men's 36 & over	<input type="checkbox"/> Intermediate Level	<input type="checkbox"/> Long Weapon
<input type="checkbox"/> Teen 12-14   _Boy _Girl	<input type="checkbox"/> Women's 18-35	<input type="checkbox"/> Advance Level	<input type="checkbox"/> Short Weapon
<input type="checkbox"/> Teen 15-17   _Boy _Girl	<input type="checkbox"/> Women's 36 & over		

**PS) Physical Contact Style (Light Contact Sparring, Mixed Martial Arts, Stationary Push Hands, & Chi Sao)**

<input type="checkbox"/> Light Contact Sparring <input type="checkbox"/> Mixed Martial Arts <input type="checkbox"/> Stationary Push Hands <input type="checkbox"/> Chi Sao			
<u>Youth Divisions</u>	<u>Adult Divisions</u>	<u>Level</u>	<u>Weight</u>
<input type="checkbox"/> Children 8 & under	<input type="checkbox"/> Men's 18-35	<input type="checkbox"/> Beginner Level	<input type="checkbox"/> 140 lbs & under
<input type="checkbox"/> Children 9-11	<input type="checkbox"/> Men's 36 & over	<input type="checkbox"/> Intermediate Level	<input type="checkbox"/> 141 lbs - 174 lbs
<input type="checkbox"/> Teen 12-14   _Boy _Girl	<input type="checkbox"/> Women's 18-35	<input type="checkbox"/> Advance Level	<input type="checkbox"/> 175 lbs - 250 lbs
<input type="checkbox"/> Teen 15-17   _Boy _Girl	<input type="checkbox"/> Women's 36 & over		<input type="checkbox"/> 251 lbs & over

\*The age limit for Light Contact Sparring is 35 and under and for Mixed Martial Arts is 18 to 35. Children 17 and under are categorized by age divisions only, not by weight divisions. If a competitor is the only person in his/her division, the competitor will have to move one level up, and will be judged by the competitor's skill and techniques demonstrated based on his/her registered level.

**QI) Qigong (Hard Qigong, Conditioning, & Special Qigong)**

- Children 17 & Under     Adults 18 & Over

SW) Short Weapon Sparring

Youth Divisions

- Children 8 & under
- Children 9-11
- Teen 12-14 | \_Boy \_Girl
- Teen 15-17 | \_Boy \_Girl

Adult Divisions

- Men's 18-35
- Men's 36 & over
- Women's 18-35
- Women's 36 & over

KT) Karate and Tae Kwon Do Styles (Karate Kata & Tae Kwon Do Kata)

- Karate
- Tae Kwon Do

Youth Divisions

- Children 8 & under
- Children 9-11
- Teen 12-14 | \_Boy \_Girl
- Teen 15-17 | \_Boy \_Girl

Adult Divisions

- Men's 18-35
- Men's 36 & over
- Women's 18-35
- Women's 36 & over

Level

- Beginner Level
- Intermediate Level
- Advance Level

Open Hand / Weapons

- Open Hand
- Long Weapon
- Short Weapon

SD) Special Divisions (Two or More Person Sets, Team Demo, & Disabled Person)

Two or More Person Routine Sets

- Children (17 & under) Two or More Person Open Hand
- Children (17 & under) Two or More Person Weapons
- Adults (18 & over) Two or More Person Open Hand
- Adults (18 & over) Two or More Person Weapons

Team Demo Competition  
Hand & Weapon Form

Disabled Person: Hand or Weapon Form